



NHS Community Pharmacist Consultation Service

This service is only for patients aged over 1 year.

CONDITIONS	What conditions are SUITABLE for referral to community pharmacists?		
SEASONAL SPRING SUMMER	Hayfever		
	Bee sting	Stings with Minor Redness or Minor Swelling	
	Wasp sting		
GYNAE THRUSH	Vaginal discharge	UTI (Women aged 16 – 65 years with two of the following: Dysuria (Painful / discomfort / burning with urination) New nighttime urination (nocturia) Cloudy urine	
	Vaginal Itch or Soreness		
EYE	Conjunctivitis / Stick Eye, Eyelid Problems / Watery	Runny Eyes / Dry Eyes	Sore Tired Eyes Red or Irritable
EAR	Earache / Ear Wax / Blocked Ear /	General hearing Problems	
GASTRIC or BOWEL	Constipation	Indigestion	Heartburn
	Diarrhea	Hemorrhoids	Infant Colic
	Nausea / Vomiting	Rectal Pain	
PAIN	Acute pain	Lower back pain	Sprains and Strains
	Ankle or foot pain	Lower limb pain	Thigh or buttock Wrist, hand, or finger pain
	Hip pain or Swelling	Headache or migraine	
	Knee or leg pain	Shoulder pain	
SKIN	Acne, spots or pimples	Nappy rash	Scabies
	Athlete's foot	Oral thrush	Skin dressings
	Blisters on foot	Rash – allergy	Skin rash
	Dermatitis/ dry skin	Ringworm/threadworm	Warts/verrucae
	Hair loss		Wound problems
MOUTH THROAT	Cold sore blisters	Mouth ulcers	Oral thrush
	Flu-like symptoms	Sore mouth	Teething
	Hoarseness	Sore throat	Toothache
SEASONAL AUTUMN WINTER	Cold sores	Flu-like symptoms	Sore throat
	Coughs		
	Congested, blocked or runny nose	Constant need to clear their throat	Excess mucus

Please refer to “How can I manage my common infection via the link below which is on our website. It explains about how long to expect symptoms to last, what you can do to help yourself and what and when antibiotics can be prescribed for:

https://cleavelandsmedicalcentre.org.uk/practice_news/managing-common-infection/



Hints and Tips

NHS APP

Using the APP means you can do the following:

See Test Results

See your medical record

Order repeat medications

Cancel Appointments

Carers Afternoon Tea

On Tuesday 21st November 2pm to 4pm, here at the surgery.

All our registered carers are invited but spaces are limited – so please book.

We will have Age UK coming to support. Plus, staff from the practice and the PPG to host.

A hamper raffled.



You Asked We Actioned

Q: Can you do more to stop appointments being wasted by patients who do not attend or fail to cancel or rearrange.

A: To date our approach has been via general communication and appealing to people and explaining the importance of not wasting appointments.

When a patient doesn't attend an appointment, a code is automatically added to their record.

Unfortunately, people are continuing to not attend, and we are having to invest time calling people.

In line with NHS policy patients who continue to not attend will receive a letter from the surgery highlighting the number of their missed appointments.

Last call for Flu Jabs. We have added a two Flu Clinics. Wednesday 8th and 15th November. Please call to book in. We also have a drop in service Mon to Fri 10.00 to 12pm and 2pm to 4pm. 3,000 people died in England and Wales in December 2022 from Flu.



2023 Christmas Appeal:

<https://www.ccp.org.uk/appeal/hamper-scamper-2023>

The surgery is helping by acting as a collection point, to find out more please see the link and you can bring any donations into the surgery by Tuesday 28th November.