

You may have seen this new NHS initiative in the media. It is an extension of what has been in place for over a year via the Community Pharmacy Programme. It will provide many benefits to patients in terms of access to faster treatment and advice for common conditions.

PATIENT

NEWSLETTER

SEASONAL:	Hayfever		
SPRING / SUMMER	Insect bites and stings including suspected infected Bites & Stings	Stings with (expected) local redness and / or swelling	
Urinary tract infection (UTI) / THRUSH	 UTI : Women aged between 16 and 64 years of age with TWO of the following and suspected UTI infection: Dysuria (painful/discomfort/burning with urination) New nocturia Cloudy urine 	Vaginal discharge	Vaginal itch or soreness
EYE	Conjunctivitis Dry or sore or tired eye(s) Eye pink or irritable	Eye sticky Eyelid problems	Watery or runny eye(s)
EAR	Earache including <mark>suspected Acute</mark> Otitis Media.	Ear wax causing blocked ear(s) or hearing problems	
GASTRIC / BOWEL	Constipation Diarrhoea Infant colic	Heartburn Indigestion Threadworm	Haemorrhoids Rectal pain Nausea or vomiting
PAIN	Acute pain Ankle or foot pain Hip pain or swelling Knee or leg pain	Lower back pain Lower limb pain Headache or migraine Shoulder pain	Sprains and strains Thigh or buttock pain Wrist, hand or finger pain
SKIN	Acne, spots or pimples Athlete's foot Blisters on foot Dermatitis/ dry skin Hair loss	Nappy rash Ringworm Scabies Suspected Impetigo infection.	Skin rash <mark>including</mark> suspected Shingles Warts/verrucae Wound problems and skin dressings
MOUTH/ THROAT	Cold sores/blisters Hoarseness Acute Sore Throat including suspected infection.	Mouth ulcers Sore mouth	Oral thrush Teething Toothache
SEASONAL: AUTUMN / WINTER	Coughs Congested, blocked or runny nose	Suspected signs and symptoms of Sinusitis Constant need to clear throat	Flu-like symptoms Excess mucus

There are certain caveats and our patient advisor team have been trained on who or what is suitable for referral. You can of course go directly to a pharmacy if that is more convenient to you. If a Community Pharmacist feels they are unable to assist they will notify us via email and advise you to make an appropriate appointment with is.



Cleevelands now has **11,302** patients

registered at the surgery, with approximately 20 new patients joining every week.

With new houses being built close to the surgery in the coming year/s, we can expect numbers to increase.

We are currently fully staffed, and we have no additional consulting room capacity.

One of the ongoing problems we face is the number of patients who still do not arrive for their appointments or opt not to cancel them. On average 25 people a week, this is not sustainable and is not fair on other patients. We totally understand that things happen, but it is so easily to cancel, via our website, the NHS App, SystmOnline App or call us.

Patients who do not turn up for their appointments have a code added to their record automatically and we must report back to the local health authority on a regular basis. We do all we can to try and remind patients about their appointments. Patients who frequently do not attend will receive a letter from the surgery and additional conditions then may be put in place for the patient.



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Spring Covid Boosters

We are still waiting for official guidance, but we anticipate that we will be offering boosters to eligible patients here at the surgery at the end of March. We will contact patients directly once we have all the details.

Patients Numbers

There has been a lot of coverage in the media about Measles recently. Below is a link to a short video from the NHS on MMR. <u>https://www.youtube.com/watch</u> ?v=KZ5m7RbhfCg