

PATIENT NEWSLETTER



These vaccinations are available for:

Adults aged 65 and over.

Children and Adults with certain long-term health conditions.

If you are already coming to the surgery for an appointment, please ask the clinician you are seeing if you can have it administered during your appointment.

You can also ring the surgery and check if you are eligible or check on the NHS App.



Hay fever

Many of us have been suffering more than usual so we totally understand how uncomfortable and miserable it can make you feel.

Top Tips:

- wear wraparound sunglasses to stop pollen getting in your eyes when you're outdoors
- take a shower and change your clothes after being outdoors to remove the pollen on your body
- stay indoors when the pollen count is high (over 50 grains per cubic metre of air)
- apply a small amount of Vaseline (petroleum gel) to the nostrils to trap pollen

Medications are available from pharmacies, unfortunately we are unable to prescribe anything. Fexofenadine was made available for general purchase last year. Please speak to your pharmacist about what would be the best option for you.

Exposure to the Sun

With the longer hot days it is important to check the sunscreen you are using is in date and is of suitable for the protection you need.

Access to Medical Records

If you wish a family member, relative or carer, to be able to have access to your medical information, **YOU MUST** ensure you have completed consent when you registered or a request form since. We are unable to share anything without this being in place. Children aged 12 + must also give their consent for their parents to have access. This is an NHS requirement.

Practice Updates

We have had to close the entrance doors at the front of the practice, as the glass was broken as it is unsafe to be used. New glass has been ordered and we are waiting for it to be delivered and fitted.

The re-introduction of minor procedures has proven to be very popular with patients. From September we will be increasing this to two sessions per month.

You Asked We Actioned

Q: Is it possible to have more appointments?

A: We have recruited another GP to join the team. Dr Annie Connor will be joining us in July.

Q: Is it possible to have more appointments for contraceptive implants.

A: Dr Emma Randell has now confirmed additional clinics through to October.

Q: Could you identify the staff car park from the patient car park?

A: There is a large yellow sign to the entrance of the staff car park, plus there is additional writing on the ground. We thank you for observing this space, as the team need to be able to come and go throughout the day

Missed Appointments in May

149 patients did not arrive or cancel their appointments.

With the growing demands for our services and the ever-increasing population in and around Bishops Cleeve and Prestbury. If you are unable to make your appointment or no longer need it, then please let us know. We can offer it to someone else. You can cancel via the NHS App, SystemOnline or via our website.

It is frustrating to the team and other patients, so please help us to help you.

Changed your address, home number, mobile or email? Please let us know via our website.